



DID YOU KNOW?



We use red tractor or farm assured meat in our schools.



We use MSC Certified Fish to encourage sustainable fishing practices

Our seasonal fresh vegetables are sourced from local farms wherever possible and we also use fair trade products

DIETARY AND ALLERGEN ADVICE

If your child requires a special diet for medical reasons please contact

SPECIALDIETS@EDWARDSANDWARD.CO.UK

Please note menus subject to change due to unforeseen circumstances



DATE Spring/Summer 2019

PAY

You!

SUM OF *Four Hundred and Thirty Seven Pounds*

ALL PUPILS IN RECEPTION UP TO YEAR 2 ARE ENTITLED TO A FREE, NUTRITIOUS SCHOOL MEAL AT LUNCHTIME! Everyone gets Universal Infant

Free School Meals automatically and will benefit by **£437** a year per child.

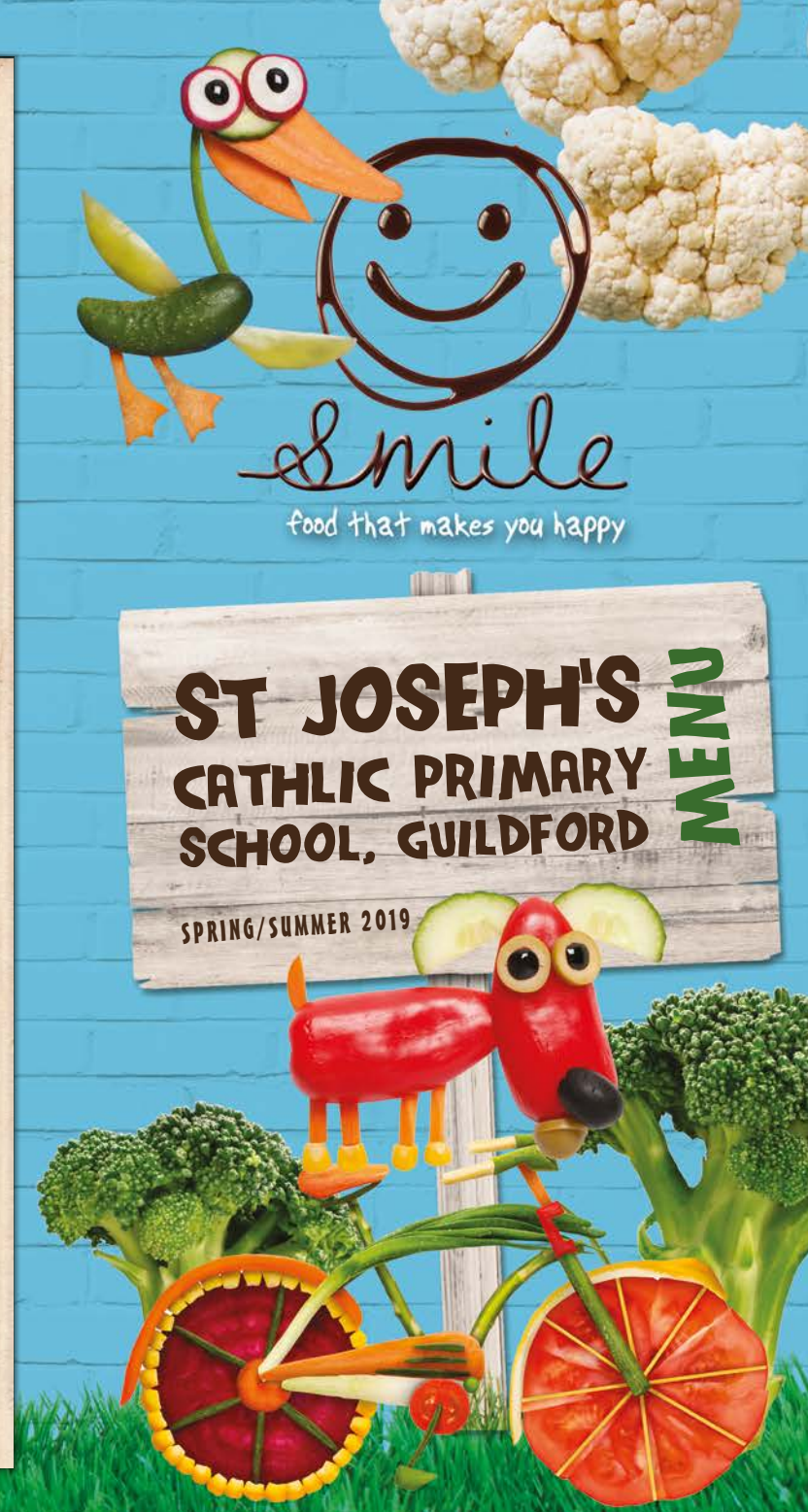
If your child is in year 3 or above, find out if they could also qualify for a free school meal by contacting the school office.



£437.00



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Smile
food that makes you happy

ST JOSEPH'S CATHLIC PRIMARY SCHOOL, GUILDFORD
MENU
SPRING/SUMMER 2019

WEEK 1

25/2/19, 18/3/19, 22/4/19, 13/5/19, 10/6/19, 1/7/19,
22/7/19, 30/9/19, 21/10/19

Chicken & Sweetcorn Pie with Gravy
or
Quorn Paella (v)
or
Jacket Potato with Baked Beans (v)
Rainbow Vegetables, Mixed Salad
Apple Sponge & Custard

Beef Burger with Jacket Wedges & Tomato Sauce
or
Veggie Bolognese with Pasta (v)
or
Jacket Potato with Tuna Mayo
Green Beans, BBQ Beans
Caramel Krispie Cake

Roast Chicken with Stuffing, Gravy & Roast Potatoes
or
Veggie Sausages with Gravy & Roast Potatoes (v)
or
Jacket Potato with Cheese (v)
Broccoli, Carrots
Caramelised Apple Crumble with Custard

Lasagne with Garlic Bread
or
Stir Fried Noodles & Vegetables (v)
or
Jacket Potato with Tuna Mayo
Super Greens, Golden Corn
Chocolate & Banana Cake with Custard

MSC Salmon Fingers or White Fish Fingers with Chips & Tomato Sauce
or
Cheese & Onion Pastry (v)
or
Jacket Potato with Baked Beans (v)
Baked Beans, Garden Peas
Strawberry Jelly & Pineapple Chunks (v)

WEEK 2

4/3/19, 25/3/19, 29/4/19, 20/5/19, 17/6/19, 8/7/19,
2/9/19, 16/9/19, 7/10/19

Chicken Curry with Rice
or
Mac & Cheese (v)
or
Jacket Potato with Baked Beans (v)
Garden Peas, Roasted Courgettes
Peach Crumble with Custard

Sausage & Mash
or
Cheese & Spring Onion Quiche with New Potatoes (v)
or
Jacket Potato with Tuna Mayo
Broccoli, Rainbow Vegetables
Vanilla Ice Cream

Roast Beef with Gravy & Roast Potatoes
or
Golden Veggie Rice (v)
or
Jacket Potato with Cheese (v)
Shredded Cabbage, Carrots
Flapjack

Tuna Pasta Bake
or
Cheese & Onion French Bread Pizza (v)
or
Jacket Potato with Tuna Mayo
Golden Corn & Peppers, Green Beans
Pear Crunch Cake & Custard

Breaded Fish with Tomato Sauce & Chips
or
Veggie Burrito (v)
or
Jacket Potato with Baked Beans (v)
Baked Beans, Garden Peas
Iced Bun

WEEK 3

11/3/19, 1/4/19, 6/5/19, 3/6/19, 24/6/19, 15/7/19,
9/9/19, 23/9/19, 14/10/19

Rainbow Vegetable & Chicken Stir Fry
or
Veggie Hot Dog with Potato Wedges & Tomato Sauce (v)
or
Jacket Potato with Baked Beans (v)
Golden Corn, BBQ Beans
Pineapple Upside Down Cake & Custard

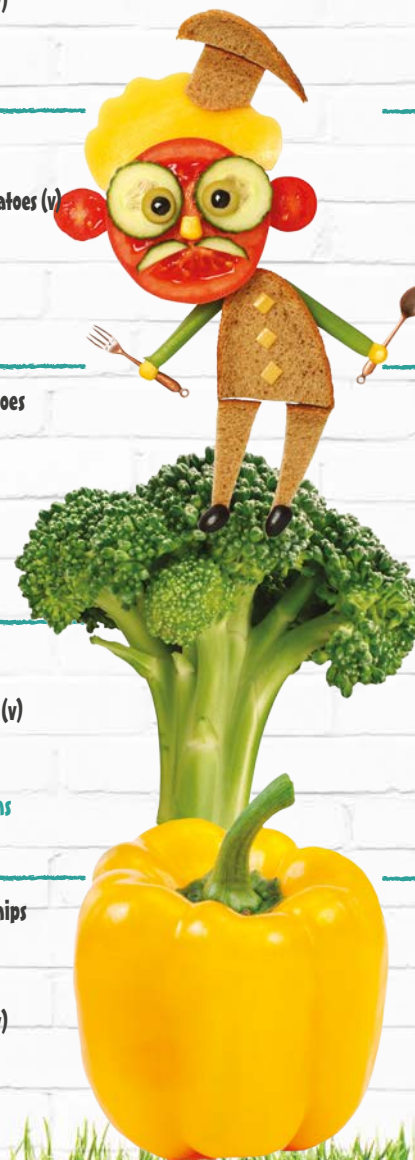
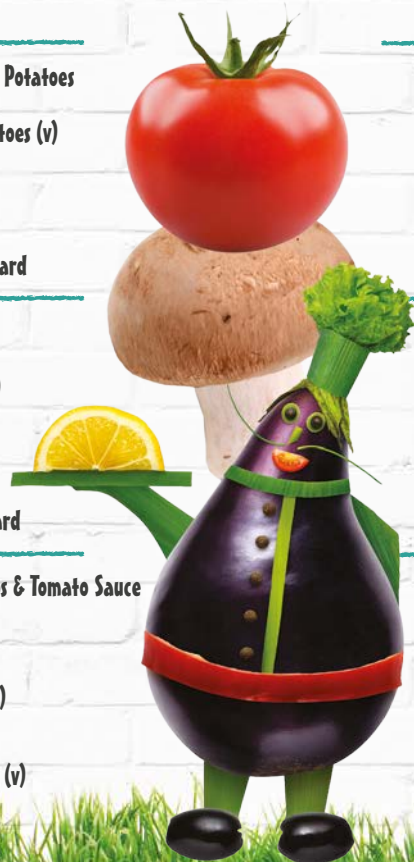
Macaroni Bolognese
or
Shepherdess Pie (v)
or
Jacket Potato with Tuna Mayo
Green Beans, Cauliflower
Rice Pudding with Strawberry Jam

Roast Pork with Gravy & Roast Potatoes
or
Tomato & Basil Pasta Bake (v)
or
Jacket Potato with Cheese (v)
Broccoli, Carrots
Lemon Curd Shortbread

Cheese & Tomato Pizza (v)
or
Veggie Chilli with Rice (v)
or
Jacket Potato with Tuna Mayo
Golden Corn, Mixed Salad
Chocolate & Beetroot Brownie

Battered Cod with Chips & Tomato Sauce
or
Red Pepper & Cheese Pinwheel with Chips (v)
or
Jacket Potato with Baked Beans (v)
Baked Beans, Garden Peas
Strawberry Jelly & Peach Slices (v)

**FRESH
HEALTHY
TASTY**



Smile food that makes you happy

(V) Suitable for Vegetarians

SERVED DAILY – FRESHLY BAKED BREAD, FRESH FRUIT, YOGHURTS AND FRESH DRINKING WATER.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY